



Shropshire, Telford & Wrekin
Integrated Care System

Update: Children & Young People (CYP) with Mental Health

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Section 31 Conditions in Shrewsbury and Telford Hospitals (SaTH- March 2021)

Six conditions were made affecting Children & Young People admitted but two had an impact on the wider system:

1. The registered provider (SaTH) must not admit patients; under the age of 18 who present with isolated acute mental health needs or who do not have physical health needs that require inpatient assessment and treatment
2. The registered provider must adopt an effective system to enable them to identify where all patients under 18 are located within the hospital. Appropriate oversight of the care of these patients must be provided by suitably competent staff. This must include continuous oversight by a registered mental health nurse and regular oversight from a child and adolescent psychiatrist for patients under 18 who are admitted with acute mental health needs, learning disabilities and behaviours that challenge. This system had to be in place by 12 March 2021

Immediate actions taken to improve the care and support for CYP at SaTH:

- ▶ Implemented an MDT's Resolution Standard Operating Protocol (SOP) support to CYP in crisis
- ▶ Implemented daily meetings between MPFT CAMHS team and the paediatric ward team (7 days/week)
- ▶ Appointed a CAMHS Consultant Psychiatrist to provide consultancy leadership and support
- ▶ Systems in place to ensure all children admitted to SaTH are known
- ▶ Weekly supervision meetings between MPFT/SaTH/LA colleagues to promote stronger team working and learning

Actions Internal to SaTH

- ▶ Embedded standard operational procedures regarding choice for 16 & 17 year olds
- ▶ Implemented training programme
- ▶ Reviewed and updated safe-guarding policies
- ▶ Established clear lines of escalation and appointed a Matron for C&YP with a focus on LD, Autism and Mental Health
- ▶ Ensured that MH risk assessment is in place

At System Level:

- ▶ A weekly system operational and professionals meeting is held to provide senior support
- ▶ We are also delivering a 12-week evaluation of the new SOPs and new ways of working. Key learning to date has been discharge planning from the point of admission and early MDT meetings when discharge appears complex

Current Impact

This has happened in the context of increased demand from CYP in crisis post lockdown, since schools have re-opened e.g. CYP presenting late and with high acuity

- ▶ In SaTH, on average, there are currently 10 of the 26 beds occupied with CYP with mental and physical health problems, 2 requiring Tier 4 beds
- ▶ In Redwoods on average 2 x 16/17 yo admitted to adult MH wards and one child being cared for in the only s136 bed for the system
- ▶ The system looks forward to the additional Tier 4 beds being commissioned regionally through Specialised Commissioning

Mitigating the Impact of Section 31

- ▶ Concluded the best option was to maintain focus on keeping attendances away from SaTH e.g. 24/7 CYP Crisis & Home Treatment Service, LA prevention offers, mental health support teams in schools, school nurses (all in place but focus by CCG on joining up)
- ▶ Adding additional capacity to the CYP crisis team to offer an in-reach service to SaTH - with specific focus on Children with Eating Disorders (CED's) and complex needs
- ▶ Finding space for a calm, safe environment for de-escalation post triage at A&E (in place)
- ▶ Increasing the capacity of the community CED's team
- ▶ Continuing the support from the CAMHs consultant (in place)
- ▶ Providing additional support to social care